



JESUS' SACRED HEART SCHOOL DX-1,SOUTH CITY,LUDHIANA

ACTIVITY FORM

Respected Parents,

Co-curricular activities prepare students for future challenges. . Co-curricular activities provides opportunities for students to work in collaboration, to exercise leadership, and enhance the ability to take initiatives. Various periods are allotted for various activities in regular time table. In order to further hone the skills of a child, Wednesdays are planned as Activity days wherein a child can pursue his/her interest zealously. Kindly note the following Schedule of Wednesday Activities and select the options for your child as per his/her interest.

1. Every Wednesday there will be two activity periods – one of Sports and other of Co – Curricular activities.
2. Each student is required to opt for 2 activities (one Sports and one Co – Curricular) for a period of six months. Hence two activities are to be selected for Term I and two activities for Term II. Activities can remain same or it can be changed for next term.
3. Various options are given below. Kindly write down your option taking in consideration the aptitude and interest of the child.
4. Students will not be allowed to change the options once the form is submitted. Kindly ensure submission of forms by 4th April , 2016.
5. House uniform will be followed on Wednesdays.

Grade I – III

Sports

Martial Arts , Skating, Football, Lawn Tennis, Badminton, Basketball, Cricket, Chess, Gymnastics

Co - Curricular

Dance, Music Inst., Music Vocal, Sketching & Painting , Brain –o- Brain, Speaker’s Forum , Lil. Scientist

Opted Option:-

Sports activity

(Term I)

(Term II)

Co –Curricular activity

(Term I)

(Term II)

Class Incharge Signature

Parent’s Signature

Principal’s Signature



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1. Every Wednesday there will be an activity period.
2. Each student is required to opt for one activity for Term I and Term II for a period of six months. Activities can remain same or it can be changed for next term.
3. Various options are given below. Kindly write down your option taking in consideration the aptitude and interest of the child.
4. Students will not be allowed to change the options once the form is submitted. Kindly ensure submission of forms by 4th April , 2016.
5. House uniform will be followed on Wednesdays.

Grade IV – VI

Activities

Dance , Music Inst. , Music Vocal , Art & Craft, Brain 'o' Brain, Speaker's Forum, Little Scientists, Shooting, Football, Basketball , Lawn Tennis, Chess , Cricket, Martial Arts, Skating , Swimming (only for boys)

Opted Option:-

(Term I)

(Term II)

Student's Signature

Class Incharge Signature

Parent's Signature

Principal's Signature



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1. Every Wednesday there will be an activity period.
2. Each student is required to opt for one activity for Term I and Term II for a period of six months. Activities can remain same or it can be changed for next term.
3. Various options are given below. Kindly write down your option taking in consideration the aptitude and interest of the child.
4. Students will not be allowed to change the options once the form is submitted. Kindly ensure submission of forms by 4th April , 2016.
5. House uniform will be followed on Wednesdays.

Grade VII – X

Activities

Dance, Music Inst., Music Vocal, Art & Craft , Little Scientist , Personal Grooming, Brain –o- Brain,Swimming, Chess, Cricket, Shooting, Lawn Tennis, Badminton, Handball , Martial Arts, Football

Opted Option:-

Activities

(Term I)

(Term II)

Student's Signature

Class Incharge Signature

Parent's Signature

Principal's Signature



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CLUB FORM

Clubs (April to March)

- ❖ The child needs to opt for one club which will continue throughout the Academic Session.
- ❖ 2nd& 4th Wednesday will be a club period. Club days are mentioned in Activity Calendar.
- ❖ Student will not be allowed to change the club except in severe medical situations. The same club will continue for the whole session.
- ❖ Write down the selected club in the space provided.
- ❖ Kindly ensure submission of forms by 4th April , 2016.
- ❖ Kindly note that house uniform will be followed on Wednesdays.

Clubs

Grade I – V

Cookery Club, Fitness Club, Lets' Serve Club, Personality Development Club, Literati Glitterati Club, Dance & Drama Club, Creative Kids Club,IT Club, Gardening Club

Opted Option

Grade VI – XII

Science Club, Cookery Club, Fitness Club, Heritage Club, Adolescent Club, Dramatics Club, Innovative Club, Home & Hearth Club , Entrepreneur Club

Opted Option

Student's Signature

Class Incharge Signature

Parent's Signature

Principal's Signature